

**Saturday 1st March 2014 – Dorford Centre
Dorset Women's Day
PROGRAMME**

10.00-10.30	OFFICIAL OPENING Registration for Workshops (see programme for costs) and Networking						
	Stalls and exhibition stands open in the main hall	MAIN HALL	ROOM 2	ROOM 3	ROOM 4	YOUTH LOUNGE	ACTIVITY HALL
10.45-11.30		Creating a Dementia Friendly community - talk in lounge Pampered Chef demo in main hall	Rummage Room Come and support WAND by rummaging and buying!	Laughter Workshop – Jo Keane	Tree of Life Pendant - Cath Coffin	From the bottom up – Annie James	Spoil yourself in the Pamper Room Hairdressing Head Massage Satin Hands Acupressure Massage Aromatherapy
11.45-12.30		Harriet Walters talk – Images of Women Potters Wheel Demonstration		Making a handbag Angel – Bedazzled by Rose	How to get published – Roving Press	Beginners Crochet – Maria Clarke	
12.45-1.30		Hula Hoop Demonstration and Try Out – Jo Morgan		Memory Wire Bracelet – Ann Collins	Scrapbooking – Liz Morris	Cross Stitch – Jan Clarke	
1.45-2.30		Creating a Dementia Friendly community - talk in lounge		Movement and Imagination – Butterfly Foundation	The Beauty of Birdsong – RSPB (outdoors if weather permitting)	Beginners Knitting – Maria Clarke	
2.45-3.30		Ladies of the Lawn Singing Group		Making a Sock Monkey – Raggy Rat	Introduction to Collage / Painting – Caz Scott	Assert Yourself – Carol Lewis	
3.30		FINAL WORDS AND END OF DAY - SEE YOU NEXT YEAR!					

Subject to changes